



INDIAN ACADEMY OF CYTOLOGISTS

NEWS LETTER
MARCH 2004

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PRESIDENT'S MESSAGE

Dear Friends,

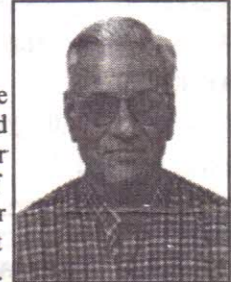
At the outset I must express my heartfelt gratitude for the confidence reposed on me by electing me unopposed for the prestigious post of President of our Academy for the year 2004. I am deeply honoured to accept this post of one of our professional national bodies. Professor P.N. Wahi founded Cytology in India in 1948 after he met with Dr. Papanicolau at Cornell University in New York.

Over the years our country has kept pace with the development in this field. It is a matter of great satisfaction for all of us to see that Cytopathology has been firmly established as one of the main diagnostic tools in our practice of Medicine. Though our academy is 32 years old and we boast a membership of over 800 members, it is a matter of great concern to know that attendance in Annual Conferences is not upto our expectation. The attendance, especially in the Annual General Body Meeting, is very thin. I would earnestly appeal to all young members of our Academy to take active part in General Body Meetings in our Annual Conferences so that some concrete decisions regarding the functioning of the Academy can be taken keeping the majority view in mind.

The next Annual Meet of the Academy is going to be held at Bhopal. I am sure the Members would attend this Annual Conference with great enthusiasm and zeal to make the conference a great success.

Wishing you all the best.

(DR. N.K. CHATURVEDI)



HIGHLIGHTS OF THE 33rd ANNUAL CONFERENCE OF INDIAN ACADEMY OF CYTOLOGISTS HELD AT AFMC AT PUNE FROM NOVEMBER 27th-30, 2003

The conference was organized by Col. S. Satyanarayana, AFMC, Pune and his team of dedicated workers under the able guidance of Lt. Gen. J.R. Bhardwaj, Lt. Gen. A.K. Lahiri, Lt. Gen. Ramji Rai, Air Vice Marsal K.S. Soodan & Col. S.K. Nema. The medical cadets of AFMC were always in attendance to help you. The conference was well organized and will be remembered for years to come.

The pre-conference workshop on "Adjunct Techniques in Cytology" was informative and a treat for the postgraduates and the consultants and covered wide-ranging topics of Immunocytochemistry, microwaves in Cytology, liquid based Cytology, electron microscopy and molecular biology. The practical demonstration and Kodachrome session during the workshop were well attended and informative.

The pre-conference CME on Genito Urinary Cytology was well attended. Dr. Benard Naylor gave a lecture on Modern Cytopathology - A Historical Sketch. He traced the history of Cytology since 1851 and went on to trace it to the 21st century.

Awardees for the year 2003

Nalini Bai Thakar

Dr. Arti Bakshi, PGI, Chandigarh

Jawala Devi Award (2003)

Dr. Prabhudesai NM, Tata Mumbai

Susheel Malhotra Award (2003)

No award for the year 2003

Bhaskar Reddy Award (2003)

Dr. PR Deotale, Nagpur

IAC Fellowship:

Not awarded for the year 2003

Shirin Mehtaji

Dr. Bernard Naylor

IAC Fellowship

Last date for receipt of completed applications: 31.10.2004

No. of Fellowships: Three

The IAC offers a training fellowship for doctors practicing in India by Indian

Academy of Cytologists

Those interested may apply to:

Dr. RGW Pinto

Secretary, IAC

Sunshine Building, Flat

No.3

Benard Guedes Road

Panaji, GOA - 403001

Satya Monga Award

Last date 31.8.2004

It is for the best paper published in the field on Immunocytochemistry.

Regulation:

1. Publication should be after 2001.
2. Publication should be in an Indexed Journal.
3. Candidate must be one of the authors or co-authors of the article.
4. Applicant should submit in writing permission from other co-authors for entering paper for award.
5. Reprint of this should be sent to:

Dr. RGW Pinto

Secretary, IAC

Sunshine Building, Flat No.3

Benard Guedes Road,

Panaji, GOA - 403001

Lt. Col. C.M. Sreedhar talked about Role of Imaging in Genito-urinary Cytology. The main message was that the diagnosis and management of many diseases of the genito urinary tract depends on the high quality diagnostic imaging and has to be supported by FNAC. He concluded, therefore, that imaging has been largely instrumental in expanding the field of Cytopathology especially in this particular area. Dr. Svante R Orell discussed in detail the benign and the malignant cytological appearances of kidney and adrenal gland. Ms. Ajit Dullhan talked about the techniques of obtaining and preparing urine specimens. She recommended that freshly voided urine specimen is the best for cytological evaluation.

Dr. R.F. Chinoy from Tata Memorial Hospital, Mumbai gave a good account of benign and malignant urinary cytology. She also discussed about the cytological changes after BCG Therapy, drugs and radiation therapy. Dr. N. Jayram from Bangalore gave a detailed account of FNAC in the investigation of male infertility. Dr. Arvind Rajwanshi from PGIMER, Chandigarh gave illustrations of benign and malignant tumors of the testis. Col. Y.K. Sharma discussed the STD in HIV and in AIDS. He also discussed the laboratory investigation of HIV.

Dr. Laszlo Vass talked about the FNAB versus Core Biopsy of the Prostate. He gave a message that there is a danger of false positive diagnosis in inexperienced hand and therefore the ultrasound guided core biopsy is being done. However, in the near future prostate FNA may be very popular in cases where there is slightly elevated PSA levels with repeatedly negative core biopsy. A similar lecture was also given by Lt. Col. S. Bhattacharya. Dr. Kusum Verma gave a lecture on current concepts in the FNA of Ovarian masses. Lt. Col. B.K. Goel discussed in detail the Bethesda System of reporting of cervical smear from the gynaecologists point of view. Dr. Maitreyee Munshi dwelt upon the problematic areas of cervical cytology interpretation.

Lt. Gen. B.N. Shahi, Director General, Armed Forces Medical Services inaugurated the conference, in glittering function in the true traditions of the Armed Forces. His inaugural address on the molecular basis of the disease was brainstorming. Lt. Gen. Ramji Rai, Director and Commandant of AFMC, Pune welcomed the delegates. Col. S. Satyanaryanana proposed a vote of thanks. The inauguration function was truly enjoying.

Dr. A. Rajwanshi delivered the PN Wahi Academy Oration. He spoke on the topic "Cytopathology - The Progress As I Saw It". He talked about cytology which was a study of the static cell has now become the study of dynamic cells. He also discussed about the various methods which can be applied in reference to malignant small round cell tumors. Dr. Arti Bakshi from PGI, Chandigarh won the Nalinibai Thakker Award. Ms. Prabudesai N.M. from Tata Memorial Hospital won Jawala Devi for cytotechnologists from Mumbai. Dr. Bernard Naylor from USA delivered the Shirin Mehtaji Oration on the topic of non-neoplastic entities manifested in routine specimen cytology. His talk was really brain storming especially for youngsters. Dr. Svante Orell gave a guest lecture on the topic Pit Falls in FNAC. This lecture was informative for the practicing pathologists. Dr. RGW Pinto delivered the Slide Seminar. He included common as well as not so common legends in his deliberations. Dr. A Mondal, Kolkata moderated the cytology symposium on CNS Cytology. Dr. Bijon Kundu from Calcutta discussed the imaging in CNS lesions. Dr. S.K. Shankar from Bangalore discussed cytology of infective lesions of CNS and immuno cytochemistry of CNS Legends. Dr. Mandal gave a detailed account of CNS Tumors and the grading of gliomas. Dr. N.K. Chaturvedi from New Delhi discussed the meningeal, neural tumors and lymphoma. 72 papers were presented during the conference in four parallel sessions. During the posters session a total of 84 papers were presented. It was interesting to note that the poster sessions have become more popular than oral presentations. The banquet at Corinthian Club on a countryside hill was really enjoyable where after a day of feast of knowledge., the delegates had a chance to dance to the tune of popular music and enjoy the delicacies. The Executive Committee was held during the conference as usual and the Annual General Body Meeting was as usual a stormy affair. Because of lack of time many of the delegates did not get a chance to express themselves during the conference. The conference ended with a promise to meet again in 2004 in the Lake City of Bhopal.

(DR. A. RAJWANSHI)

