

NEWSLETTER



December 1991

<i>Office Bearers</i>	<i>Contents</i>	<i>Editorial</i>
President Dr. Shobha Grover - Nagpur		I thank all the members of I.A.C. for giving me an opportunity to serve our association as the Editor of I.A.C. Newsletter. I wish all the members a "Happy and Prosperous New Year".
Secretary Dr. Maya Lulla- Bombay.		This issue consists mainly of sweet memories of XXI I.A.C. conference at Manipal which are still lingering in our minds, a consolidated report of activities of C.P.C. prepared by Dr. Usha Saraiya, various awards conferred on young scientists, report of A & E committee, and change in shoulders as far as office bearers are concerned.
Treasurer Dr. Kusum Kapila - New Delhi		I request all the members to write to me about any information which will be useful for publishing the newsletter.
Executive Members Dr. Shridevi Amma-Trivandrum Dr. Kiran Mishra, New Delhi Dr. Nilima Dhar, Jaipur. Dr. P.V. Patil, Belgaum Dr. N.K. Chaturvedi, New Delhi Dr. Nalini Venugopal, Manipal	Page No. 1. Editorial 1 2. Highlights of the XXI Annual Conferences of I.A.C. at Manipal. 1 - 2 3. Awards 2 4. Report of A & E. 2 5. Report of C.P.C. 2 6. Change in office bearers 3 7. Announcements 3 8. Obituary. 4	My sincere thanks are due to our New President Dr. Shobha Grover. my teacher and guide for her encouragement and advise. Looking forward to your Co-operation.
Chairperson (A & E) Dr. Usha Luthra.		
Chairperson (CPC) Dr. Usha Saraiya, Bomay.		
Editor Journal of Cytology Dr. S.J. Nagalotimath, Bijapur.		
Editor Newsletter Dr. Maitreyee Munshi, Nagpur.		
Immediate Past President Dr. K.Harilal, Kottayam.		

Highlights of the XXI Annual Conference of Indian Academy of Cytologists, Kasturba Medical College, Manipal October 26th & 27th 1991.

Manipal, a dynamic center for educational activities and scenically beautiful places, was the venue for XXI annual Conference of I.A.C. on 26th and 27th October 1991.

Manipal welcomed us with cool showers and cloudy weather. Though the sprawling Kasturba Medical College campus confused us initially soon we got accustomed to the topography. There was a pre-conference workshop on 25th October on Cervicovaginal cytology; arranged at a time when gynaec cytology, an oldest discipline in

cytology seems to be taking a backbench. The workshop was handled by the most able person in the field, Dr. Shreedevi Amma from Trivandrum. There were total 25 proffered papers with a neck to neck fight for Nalinibai Thakkar Award. However it seems that cytotechnicians and cytotechnologists are not motivated enough to attend the conference. So for Jwala Devi Award there was only one proffered paper.

Cipla oration delivered by our new president Dr. Shobha Grover on "Role of immunocytochemistry in the

diagnosis of Malignancy" was a journey towards phase IV in cytology. Diagnostic Slide Seminar by Dr. Chandralekha Shroff generated lot of discussion, peppered by interesting comments from Dr. Bhaskar Reddy. Symposium on C.N.S. cytology presented by Dr. Sarala Das, Dr. S.K. Shankar and Dr. K. Kapila was excellent and well coordinated. Crush smear technique, C.S.F. cytology and many practical hints were the hall mark of the symposium. Then there was a surprise in the form of a special lecture by Dr. Usha Saraiya on Dr. George Papanicolaou with Beethoven's symphony, Papanicolaou's favourite, spreading its magic in the atmosphere.

Dr. Nalini Venugopal and her team did a wonderful job. Projection facilities were excellent, South Indian menus were mouth watering. On both days in the evening delegates were taken to Malpe beach and famous Krishna temple at Udupi. Mr. Chenoy's Hasta Sheelpa, a house which we all were dying to visit, as it has earned a slot on national network in Surabhi. The house is a build out of rare antiques discarded by other people from all over India. We bade good-bye to Manipal with all these memories filling our heart.

AWARDS Congratulations to all these young Scientists.

1. **Nalinibai Thakkar Award** : Dr. Debdatta Basu, Maulana Azad Medical College, New Delhi for his paper, "A logistic model for thyroid lesions."
2. **Jwala Devi Award** : Dr. Sujathan of Cancer detection centre, Ernakulam, for his paper, "A comparative study of cervical cytological findings of a symptomatic population with asymptomatic population."
3. **Dr. Satya Monga Award** for the best published paper in immunocytochemistry : to Mrs. A.A. Pandit of Bombay, entitled "Detection of HSV 2 antigen in carcinoma cervix and premalignant conditions by immunocytochemistry."
4. **Dr. Bhaskar Reddy Award** of 1990 for the cytotechnician standing first to Dr. Mona Shaha of Bombay.
5. **Sushil Malhotra Award** for the person standing first in the cytotechnologist's exam. of 1990 to Miss Rama Mittal, P.G.I. Chandigarh.

Report of Accreditation and Examination Committee

At the XXI annual conference of I.A.C. the report of A & E committee was circulated by Dr. Dilip Das. In a nutshell following points need to be mentioned.

1. In addition to the task of accreditation and examination a third subcommittee consisting of Dr. Kusum Verma (Chairperson) Dr. Dilip Das, Dr. Shobha Grover, Dr. Shreedevi Amma and Dr. A. Rajwanshi was formed in 1987 to assist human resource development in cytology.
2. This sub-committee suggested following important steps.
 - i) I.A.C. to take up with Medical Council of India that they recognise cytopathology as an important sub speciality of pathology.
 - ii) I.A.C. to take up with the Government of India and planning commission that posts of cytotechnicians and cytopathologists should be recognised as a separate cadre. Separate posts should be created in various medical colleges and post-graduate institutions so that trained manpower is appropriately employed and utilized.
3. This subcommittee also undertook the task of updating the curriculum for cytotechnicians and cytotechnologist.
4. Tenure of reconstituted committee is extended up to December 1994.

Activities of the Section of Cervical Pathology and Colposcopy

A consolidated report prepared by Dr. Usha Saraiya is being dispatched to you along with the newsletter.

This is a story of the birth of C.P.C. in 1981 at Trivandrum and its struggle for survival. This ten year old baby an offspring of I.A.C. craves for more attention from members of I.A.C. I hope this report shall generate a lot of interest.

I am happy to mail this "Decade's Story" to all members of I.A.C.

INDIAN ACADEMY OF CYTOLOGISTS
SECTION OF CERVICAL PATHOLOGY & COLPOSCOPY

1981 - 1991

REPORT OF 1ST DECADE

Dear Member,

I am happy to present to you a consolidated report for the last 10 years of our section. It is not my personal report but one compiled from the activities of all the members. From this you will get a good idea of what we have been doing in the last decade.

A decade is a long time in the life of an Individual, but not so in the life of an Organisation. It is even more minuscule in the life and development of a sub-speciality. However, it is important because it is our first decade of existence. Therefore I have given you a list of our 'Milestones'.

This section was started -

- (a) To promote Colposcopy in India
- (b) To combine Cytology and Colposcopy for early detection in Indian women.
- (c) To keep abreast of developments in the International field, and
- (d) To give our members an opportunity to participate in National and International activities.

I think the accompanying reports and photographs will substantiate my statements that we have achieved our objectives.

I asked my members certain questions and they have replied. I am giving you their opinion for you to make your own conclusions. Most of us feel that we should stay with IAC because we need to work together to bring Cancer Detec-

tion to our women. We should be guided by what is good for the Women of India, and not be bothered about personalities and politics. However, I wish to inform you that we feel sufficiently strong now to stand on our own feet as an Independent organisation.

You may ask why we have not pushed Colposcopy further. The reasons are that, we, Gynaecologists have tremendous problems to overcome still. Maternal Mortality is still very high. Pregnancy anaemia is so simple to eradicate but we still see women with 3 gms hb%. Family Planning is still our all consuming passion. Then, where is the time for Colposcopy? I once told a patient of Dysplasia that if she does not get admitted, she will die of Cancer after 5 years. She looked up to me and in her simple language told me 'Doctor my problem is how to survive today, how to feed my family today. I cannot afford to think of tomorrow, leave alone of what will happen after 5 years. 'It is then that I realised that we cannot sell shoes to a person who has not feet!

However, we live in a fast changing world and turn of the Century we hope to solve our basic problems. We hope that in the 21st Century there will be enough Cytologists, Colposcopists and with Microscopes and Colposcopes. The next decade we devote to more teaching and training and interaction. Whether we remain together or go our separate ways, our goal remains common that is control of cervical cancer by early detection.

Sincerely yours,

Usha Saraiya
(Dr. U. B. Saraiya)



Dr. Burghardt with
Indian delegates
- Tokyo, 1984.

LAND MARKS OF C.P.C. SECTION

1981: Section of Cervical pathology & Colposcopy formed with 13 members at IAC conference at Trivandrum. Dr. Erich Burghardt visited India.

1982: Section accepted by I.F.C.P.C. at San Francisco - Represented by Dr. Mohini Garud as Treasurer of IAC.

1983: 13 more members join the section. Workshops held all over India.

1984: Vth World Congress of CPC at Tokyo, Japan. IAC represented by Dr. Jayashree Roy Chaudhury, Dr. Usha Saraiya and Dr. Maya Lulla.

1985: New Committee formed for IAC with Dr. U. Saraiya as Chairperson and four other members. IFCPC Workshop and Meeting in Germany attended by Dr. Saraiya and Dr. Garud.

1986: IAC arranges a symposium on Colposcopy at Pondicherry annual conference. Rene Cartier of France visits India.

1987: VIth World Congress of IFCPC at Sao paulo. Several workshops held in India.

1988: Workshop on Colposcopy in Delhi inaugurated by Dr. U. K. Luthra.

1989: Rene Cartier of France conducts workshop in Bombay. IAC arranges a workshop on viral lesion at Ahmedabad. Dr. Wespi sends his book on History of Colposcopy and it is circulated to all. Colposcopists meet in Patna at FOGSI conference.

1990: VIIth World Congress in Rome represented by Dr. Jayashree Roy Chowdhury and Dr. Saraiya. IAC committee reformed with members.

1991: Dr. Adolf StafI visits India. IFCPC Meeting in Singapore attended by Dr. Revathi Ananth and Dr. Usha Saraiya.

EXTRACTS FROM MINUTES OF A.G.M.

1. A.G.M. Aligarh 19-1-1985 :

Report of the Section on Cervical Pathology & Colposcopy - Dr. Saraiya presented the report. The general body approved the executive councils decision of having separate chairperson for this sub-section. Dr. Saraiya was asked to be the Chairperson of sub-section for a period of 3 years. Payment of membership dues for 5 years and Institutional membership as proposed by the Executive Council were approved by the General Body.

2. A.G.M. Ahmedabad 4-1-1989 :

Dr. Usha Saraiya's tenure was renewed as the Chairperson of CPC sub-section for a period of 3 years and she could reconstitute the committee as per her desire. **Proposed by:** Dr. Kanwar; **Seconded by:** Dr. M. Lulla.

3. A.G.M. Udaipur 12-2-1990 :

Dr. Usha Saraiya, Chairperson, CPC sub-section submitted her report which was already published in the Newsletter. There were 31 members of CPC sub section and Colposcopist which was received from the parent International body were regularly circulated to the members.

She proposed to compile a directory of departments having colposcopic facilities. Three Indian publication in Colposcopy were now available and these would be reviewed in the Newsletter of IAC. Colposcopy training also needed to be standardised so that the method would not fall into disrepute. The report was accepted with grateful thanks to Dr. U.B. Saraiya. **Proposed by:** Dr. S.K. Das; **Seconded by:** Dr. M. Lulla.



Dr. Taskar
conducting workshop at Aurangabad
- 1990.

NATIONAL SCENE

We have taken Colposcopy to various parts of India and trained local doctors. The following is the list of cities covered: (1) Aligarh; (2) Meerut; (3) Kanpur; (4) Ludhiana; (5) Simla; (6) Nagpur; (7) Muzaffarpur; (8) Baroda (three); (9) Durgapur; (10) Delhi (several); (11) Bombay (several); (12) Nasik (two); (13) Poona; (14) Miraj; (15) Akola; (16) Aurangabad (twice); (17) Hyderabad; (18) Guntur; (19) Coimbatore; (20) Madras; (21) Jalgaon; (22) Ranchi; (23) Davangere.

10 YEARS OF COLPOSCOPY IN DELHI REPORT FROM DR. S. K. DAS

Cytology services are available in Safdarjung Hospital for last 35 years.

Dysplasia Clinic was started in the department of Obstetrics 10 years ago after the installation of Zeiss ÖPM I Colposcope and since then much work has been done in the department of Obst. and Gynaecology.

Recently DNA probe analysis of HP.V infection in pregnant and non-pregnant women having warty lesions has been undertaken.

A letter was sent to all 100 societies of FOGSI to inform that 1-1/2 day and 2-1/2 day workshop can be arranged for early detection of carcinoma cervix. In response, many requests came. Our team conducted workshops at many places.

Requests are still awaiting from Imphal, Erode, Agartala and Patna.

Seminars for IMA on early detection of cancers were conducted every year for last 3 years keeping in mind the require-

ments of general practitioners.

Papers were presented very regularly during annual conferences at Indian Academy of Cytologists.

A lot of teaching material has been prepared at Institute of Pathology (ICMR) and Safdarjung Hospital, New Delhi on Colposcopy which is in demand from all medical colleges.

Since the formation of CPC committee in 1982-83 more and more interest has been created in the branch of Gynaecological Cytology and Colposcopy. If Clinicians are to take adequate interest in IAC more and more members should join CPC section.

MADRAS - REPORT FROM DR. REVATHI ANANTH

She is doing Colposcopy since 1984 after initial Cytology training. She has been a Faculty member and coordinator for Colposcopy workshops in other parts of India.

The following Workshops on Colposcopy were conducted:

- (1) Workshop on Cervical Cancer screening with Colposcopy at A.V. Hospital for Women Doctors Association of Tamilnadu and Pondicherry 1988.
- (2) Preconference Workshop for XIth Annual Conference Women Doctors Association, Mahila University, Tirupathi, Andhra Pradesh on February 26th, 1989.
- (3) Workshop of Colposcopy for State Annual Conference of Tamilnadu &



Dr. Jo Jordan in Bombay
- December 1989.

Pondicherry under the auspices of the Obstetrics and Gynaecological Society of Southern India 1989.

- (4) Workshop on Colposcopy and Cervical Cancer for Obstetric and Gynaecological Society of Southern India and Cancer Institute, Adyar (WIA), June 1990.
- (5) Workshop on Colposcopy at A.V. Hospital, September 1989 for Obstetric and Gynaecological Society of Southern India, January 1991.
- (6) She has read 9 papers on Colposcopy and published a manual on Colposcopy.

ANALYSIS OF QUESTIONNAIRE

Replies received from 10.

- 1 Colposcopy section was duly formed.
Yes (8); No (1); Don't Know (1).
- 2 There is need for section devoted to Cervical pathology & Colposcopy.
Yes (10); No (0); May be (0).



Dr. S. K. Das & Dr. Saraiya
with Russian Colposcopist,
- September 1991.



Dr. Rene Cartier with students
at Tata Hospital.

3 Pathologists/Cytologists should have working knowledge/exposure to Colposcopy.

Yes (10); No (0); May be (0).

4 Colposcopists should form a separate section and break away from IAC.

Yes (0); No (8); May be (2).

5. Clinicians/Gynaecologists should be encouraged to join IAC for better development of Cytodiagnosis.

Yes (10); No (0); May be (0).

6. Other Comments on this issue:

(a) Cytology & Colposcopy go hand in hand and cannot be separated. (Dr. Daftary).

(b) IAC does not give enough importance to Gyn. Cytology and something needs to be done. (Dr. Lulla).

(c) Not many IAC Members know about this section. (Dr. S.K. Das).

Change in Office-bearers

Dr. Harilal, the president and Dr. Gita Jayaram, the interim secretary laid down their offices. Dr. Shobha Grover was installed as the new President and Dr. Maya Lulla as the new Secretary. Dr. Shobha Grover handed over the charge of Newsletter to me. Dr. Nalini Venugopal was inducted into the executive committee. Dr. Kusum Kapila graciously consented to continue as treasurer for one more year. New addresses are as follows.

Dr. Shobha Grover,
President, I.A.C.
Prof. & Head, Dept. of
Pathology, Govt. Medical
College, Nagpur.

Dr. Maya Lulla,
Secretary, I.A.C.
Consultant Cama.
& Albles Hospital,
Mahapalika Marg.
Bombay 400001.

Dr. Maitreyee Munshi
Editor, Newsletter
Department of
Pathology, Govt.
Medical College,
Nagpur.

Announcements

1. The academy oration for 1992 has been awarded to Dr. Shyamala Bhaskaran.
2. The pre-conference workshop in 1992 will be organized by Dr. John Thomas on "BREAST CYTOLOGY"
3. Ernest Fernandez Award for the diagnostic Slide Seminar for 1992 had been awarded to Dr. Nalini Venugopal.
4. Dr. Dulcie Coleman shall be our guest speaker in the next conference.
5. Venue for the next conference though yet to be finalised, most probably it will be AFMC, Pune.
6. **Journal of Cytology** : Vol. 8 of 1991 is ready for press. Members who wish to contribute their articles are requested to send them immediately to Dr. Nagalotimath at BLDEA'S Medical College, Bijapur 586103. Journal of cytology still needs financial help. **Dr. Usha Saraiya** donated Rs. 1000 to the corpus fund. All members please note and donate generously.

From Secretary's Desk

I. A. C's New Secretary Dr. Maya Lulla has requested the members to enroll clinicians, cytotechnicians, Cytotechnologists and associate members for I. A. C. Membership form is dispatched along with the news letter which can be photostated and mailed to her. All life members, ordinary members and associate members of I. A. C. should also fill in the membership roster form and mail it to her.

Membership Roster

Name : _____

Address : _____

Telephone No. : _____

Obituary

Prof. P.N. Wahi

M.D., F.R.C.P., F.M.S., FNI, FCC.D.G.I.C.

(1908-1991)

This is a tribute to IAC's past President whom we lost for ever on 8th July 1991.

Dr. Wahi's distinguished career started from King George's Medical College Lucknow when he acquired M.D. (Medicine) in 1934. Later he shifted to Agra and rapidly rose to become Professor and Head of Pathology, Principal of the college and subsequently vice chancellor of Agra University (1960-1969). He took charge as Director General of I.C.M.R. New Delhi in 1969 and retired in 1974. Till 1984 he was Emeritus consultant Pathologist at Sir Ganga Ram Hospital, Delhi.

He was Secretary of I.A.P.M. from 1950-54 and later elected as President of the association in 1957. He was elected as President of I.A.C. in 1970 and guided the association as president till 1975. Apart from 300 Scientific papers published by him, Prof. Wahi was honoured with a number of awards and fellowships. Government of India, recognising his numerous contributions to Medical Sciences, conferred the title Padma-Bhushan on him in 1970.

In the death of Dr. Wahi our fraternity had lost an eminent medical personality.

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