



NEWSLETTER

8/8/90

June 1990

Office Bearers	Contents	Page No.	Editorial
President Dr. K. Harilal, Kottayam.			I welcome Dr. K. Harilal as President, Dr. A. Rajwanshi as Secretary and all the executive members of Indian Academy of Cytology who have been elected recently.
Secretary Dr. A. Rajwanshi, Chandigarh	1. Editorial	1	
Treasurer Dr. Kusum Kapila, New Delhi	2. Highlights of XIX Annual Conference of IAC	1-2	The Newsletter consists of high lights of the conference held in Udaipur. The Conference was a grand success. Indian Academy of Cytology is at present looking forward to an energetic organising secretary for the XXth annual conference and I hope that somebody will respond. as there are appeal from the office bearers for the same. I do hope that you enjoyed the Newsletter and continue to send me News of workshop/seminars and all other material which can be published in this Newsletter.
Executive Members Dr. Sridevi Amma, Trivendram Dr. Kiran Mishra, New Delhi Dr. Geeta Jayaram, New Delhi Dr. John Thomas, Bangalore Dr. Lalita P. Joshi, Nasik Dr. Nilima Dhar, Jaipur	3. Message-Outgoing President	2	
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Immediate Past President Dr. Kusum Verma, New Delhi			
Emeritus President. Dr. P N. Wahi			

4 new members

Highlights of XIX Annual Conference of Indian Academy of Cytologists held at Udaipur on 10-11-12 th February 1990

The beautiful city of lakes-Udaipur, awaited us in February. It was co-incidental that the Pathology Department of R. N. T. Medical College was also celebrating its Silver Jubilee and through the good offices of Dr. M. K Dube, we were able to come to Udaipur.

The Workshop on 10th February 1990 on Intra-abdominal aspirations was ably conducted by Dr. Chandralekha Shroff of Bombay with the help of Dr. Kusum Kapila. Dr. Bhambhani and Dr. Kiran Misra. We were fortunate to have Dr. Chaubal, a radiologist from Bombay whose valuable hints on guided aspiration were much appreciated.

The inaugural address of Conference by Dr. Ms Girija Vyas, the State Minister for Tourism was a treat to listen to. Few politicians in our country combine philosophy and politics so well. The oration by Dr. Padam K. Agarwal indicated the years of dedication to cytology. We were fortunate in having Dr. Matilde Boon and Dr. L. P. Kok from Netherlands as Guest Speakers. Their work on cervical cytology and application of microwave technology opened up new vistas in progress of cytology. The Nalinibai Thakar Award was won by Dr. Shikha Bose of New Delhi and Jwal devi Award by Ms. Mary Kutty John of Trivendram. No prize for immunochemistry was awarded.

The conference dinner at the Nehru Garden on Ratehsagar Lake was like a visit to the fairy land. Twinkling lights, live music and hospitality of Udaipur left a dream-like impression on our minds.

The slide seminar by Geeta Jayaram was a treat to listen to, as expected.

The symposium on Special Staining Techniques was conducted by Dr. Kusum Verma, as Dr Nalini Venugopal could not attend the conference. It covered application of simple histology staining techniques to the most sophisticated immunocytochemistry and electron microscopy. More than 50 papers covering almost the entire gamut of cytology were presented, at the Conference. Dr. Dube and his team worked untiringly to make us comfortable and attend to so many of our demands.

As we bid adieu to Udaipur, it was with a sense of fulfillment for having listened to rich scientific discourse in the midst of natural beauty.

Message from outgoing President of IAC

I have laid down the office of President of Indian Academy of Cytology. I am happy with the way our academy has grown over the past 19 years. It has 352 members actively engaged in cytology on its roll. The academy has achieved the objectives of encouraging research in clinical and basic cytology in India; and having cytology being accepted as a discipline by clinical colleagues. Accreditation of laboratories for diagnostic work and training and examination has been done. Cytotechnicians and cytotechnologists are being trained with the generous financial support from ICMR. A national examination for cytotechnicians and cytotechnologist is being conducted annually. Fellowships are being offered to budding cytopathologists for further training.

All this is not enough. Each one of us has to strive hard to train more people in cytology and to boost the membership drive of the academy. I hope that our membership grows to 500 by the time we complete 25 years of our existence.

I thank all the members for having given an opportunity to me to serve the academy first as Secretary and then as the President. I wish it success in its future endeavours.

(Kusum Verma)
Professor of Cytopathology
A. I. I. M. S.
New Delhi.

Cytology Training Course Held at Cytology Clinic, ^{AMNH} Cama And Albless Hospital Bombay.

The 17th Annual course in Cancer Detection concluded in Bombay on Saturday, 28th April 90. 15 Doctors and 15 technicians were trained in early detection of Cancer Cervix at Cama and Albless Hospital under the auspices of the Association of Medical Women in India.

Dr. Jyotiben Trivedi, who presided over the function said that the Association had established the Cancer Detection Centre 20 years ago at the Cama and Albless Hospital where over 60,000 women had received a free check up. She said that rural camps conducted by the same group were very popular and disseminated the much needed information on Cancer to the rural population.

Dr. Jayshree Roy Chowdhury, Director of Chittaranjan Cancer Research Centre at Calcutta delivering the Advani-Braganza Oration said that cervical cancer continues to be very prevalent in India, whereas in the developed countries it was controlled due to facilities for early detection. Since the National Cancer Control programme was launched by the government in India in 1984, the need was felt for training adequate personnel. She congratulated the organisers for their persistent efforts at training and hoped that they could get all the supports to extend their training facilities.

Calling All Organisers

By Dr. Usha B. Saraiya.

What do Shobha Grover, Krishna Bhargava, Padam Agarwal and R. N. Dubey have in common? Well they have all been successful organisers of I A C conference. I am sure every one would look upto these individuals

Would not you also like all IAC Members to look upto you? Would not you also at some time like to play host to all members and have an interesting in your own home town? I am sure there must be many who would like to answer in the affirmative but are a little sceptical about their own abilities, But they should remember that "Where there is will, There is a way".

I. A. C. conference is not difficult to arrange. The attendance is rarely more than 200. One can expect about 70 outstation and another 130 local delegates. We basically need one large hall to seat about 250-300 persons for the inaugural function and main sessions. Another smaller Hall is needed for simultaneous session. These facilities are now available in all Medical Colleges and Research Institute and even smaller charitable hospital. If you do not have the facility but have a little financial support you can hold all the deliberation in a Hotel. This makes things like Catering, and accomodation somewhat easier, but the volunteers and transport are lacking as they are a component of Medical Institutes.

So if you have got over the first handle, then you can proceed further. First of all you need a team So form an organising committee giving due respect to seniority, ability and various descipiines. You must have the knack of getting everyone involved and motivated and do their best Try to include as many people as you can but you will need 5 key persons i. e. Chairman of the committee who should lend prestige and status. The other 4 key persons will handle the following port-folios. Finance, Scientific Programme, Catering and Souvenir. Choose these carefully because you would not like to be let down.

Finance you can say is the most important. Make a provisional budget You can get financial support from ICMR, DST, DGHS and private charitable. Our best friends are of course the Pharmaceutical companies. They never let us down. Scientific Programme is planned in coujuction with Secretary and President of IAC. It is more or less set with oration, Guest lecture, prize papers etc. You will need to collect all abstracts, plan the timing of sessions and select chairman, co-chairman etc. Local people should be encouraged to present papers. Then you will enlist their support.

Catering is not too difficult as Delegate fees pay for most meals. You should have simple but elegant meals, served on time. Generally the conference dinners are grand and are held in an exotic place. I remember Madras conference where the dinner was at a Beach Resort and at Udaipur, where it was on an island garden. Actually all meals can be made exciting. In Calcutta, we had our lunches at the Zoo. It's funny, but one remembers these events years later, when the papers read are perhaps forgotten

Souvenir is an important assignment and should go to some one who has a creative mind. We need at least 25 full page adv to make it worthwhile. If one gets 50 advertisements, one can make a reasonable profit. It should have some nice articles and good photographs. A Souvenir is something people should want to preserve and cherish.

Other important committees are transport, accomodation and cultural programme. Delegates like to be comfortable and are willing to pay reasonable charges. one likes to have one's train and plane booking done and local sight seeing arranged. In any major city, facilities do exist and one needs to tap the right sources. A shopping arcade at conference site seems to be quite popular and may be of also a source of income. A Scientific exhibition too makes the programme interesting and adds to the revenue. Press and T. V. coverage are not necessary but certainly add to the glamour.

The trend in India today is to have Mega conferences, lavish buffets and a long list of foreign delegates. Some degree of professionalisation has also entered this activity. Fortunately, this culture has not pervaded IAC conferences. Our meetings remains small unostentatious and friendly affairs. Many mistakes of organisers are forgiven and delegates are usually not demanding. Moreover, our basic philosophy remains, that of taking Cyto-diagnosis to the grass roots and so we look forward to going deeper into the interiors of India.

We hope many young Cytologists will now think positively about hosting our conferences. It is like wanting to invite a few friends to your home for dinner. Anyone can do it. There are so many exotic places with a few of our members settled locally where we would love to have a conference, Places like Durgapur, Asansol, Jodhpur, Bikaner are all fascinating. I am sure facilities do exist and capable persons are available. Some enzymes are necessary to catalyse the whole reaction. I hope I have created at least one such reaction.

News Dr. Kusum Kapila

I have some good news for associate members –

1. All **associate members** of the Indian Academy of Cytology who are members of **at least Three Years** standing are now eligible to become **life members** if they satisfy any one of the following four criteria :-

a) B. Sc. medical Laboratory Technology with one year of Cytology experience.

b) Passed the National Examination of Cytotechnician/Cytotechnologist conducted by the Indian Academy of Cytologists.

c) Won awards given by Indian Academy of Cytologists.

d) Author or Co-author of two published papers on Cytology in indexed journals.

The revised dues of IAC from 1990 onwards are as follows :-

— Ordinary members	Rs. 75/- per year
— Life membership	„ 750/-
— Associate Members	„ 30/- per year
— Life associate membership	„ 500/-

Members from Abroad :

— Annual dues (Ordinary & Associate members)	Rs. 200/- per year
— Life members (Ordinary and Associate members)	Rs. 2000/-

News Dr. V. Sankaran

Two technicians from G. B. Pant Hospital, New Delhi appeared in Cytotechnicians examination conducted by Indian Academy of Cytologists and Miss P. K. Kalaivizhi stood first.

Cytotechnician Mr. Moovendran stood 1st in the Cytopathologist examination conducted by the Indian Academy of cytologists.

Books recommended

1. Diagnostic Cytopathology—A Text and Colour Atlas, Grubb, 1988 Ed.
2. Diagnostic Cytopathology, 2 Vols. 3rd Ed. — Koss

Late but Good News

Dr. Rajwanshi

The XX Indian Academy of Cytologists with present the following awards at the next ICA Meeting to be held at Belgaum held in First / Second Week of October, 1990.

1. CIPLA-ACADEMY ORATION to be delivered by Dr. S. K. Das, New Delhi.
2. ERNEST FERNANDEZ to be given to Dr. Gangwal, Jaipur for slide seminar.
3. NALINI BAI THAKAR PRIZE : To be given to the best paper presented in Cytopathology to a Medical Doctor. The age of the principal author to be less than 35 years. Please bring birth/Matriculation Certificate for age verification at the time of Conference
4. JWALA DEVI AWARD : To be given Cytotechnologist/Cytotechnician presenting the best paper at the Annual Conference on any aspect of Cytological techniques.
5. D. BHASKAR REDDY AWARD : To be given to Cytotechnician who stand first in the National Examination for Cytotechnician to be conducted by IAC.
6. Mrs. SATYA MONGA AWARD IN IMMUNOCYTOCHEMISTRY would be for published paper in the field of Immunocytology.
 - a) Publication should be after 1987 (last 3 years) in any Indexed journal.
 - b) Candidate must be one of the author or co-author of the article.
 - c) He should submit in writing permission from other co-authors.
 - d) Last date for receipt of such papers with the Secretary is September 15-1990.

NOTIFICATION

The Cytotechnicians and Cytotechnologists examination will be conducted by the Indian Academy of Cytologists on 3-4 December, 1990 (tentative) at Postgraduate Institute of Medical Education and Research, Chandigarh. Application forms and other details may be obtained from the office of the Accreditation & Examination Committee of IAC, Institution of Cytology & Preventive Oncology, Maulana Azad Medical College Campus, Bahadur Shah Zafar Marg, New Delhi-110 002 in July/August.

Prof. USHA K. LUTHRA

Chairperson, A & E Committee, IAC