



NEWSLETTER

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JULY/DECEMBER 1978

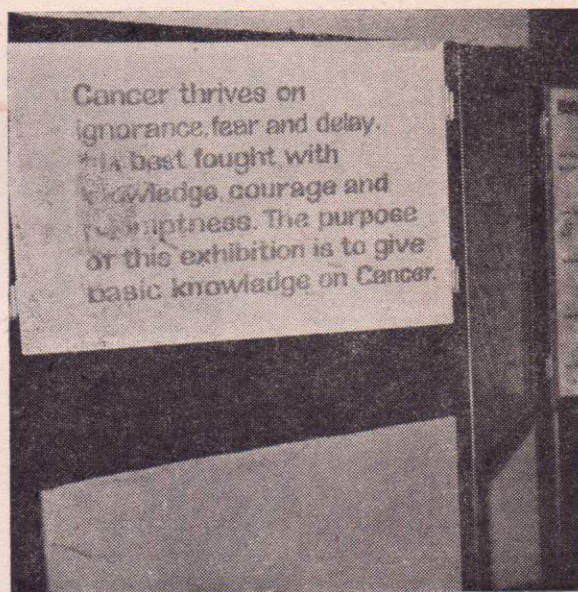
C.P.A.A. Organises an Exhibition on 'Cancer'

In Nov. 1976, Cancer Patients Aid Association, a national body devoted to the service of Cancer patients organised a highly successful exhibition on Cancer for the lay public in Bombay.

The spacious Coomaraswamy Hall in Central Bombay was used to depict facts and figures about the disease of cancer. The aim was to enlighten and not frighten. All posters were artistically prepared. The lay-out, design and material were of high professional standard and immediately caught the eye of the lay public. Although majority of the matter was in English, some posters in regional languages were also displayed.

The Cytology Clinic of Association of Medical Women and Cama Hospital organised an on the spot facility for Pap Smear Test which proved very popular. About 300 people visited the exhibition during the course of the week and about 50 underwent the Pap Smear Test. The crowd showed keen interest and asked

(See page 3)



1st poster, at the entrance of exhibition.



Shri K. M. Patil, Minister for Health, Government of Maharashtra in conversation with Dr. J. C. Paymaster, eminent Cancer Surgeon and President of C.P.A.A. and Dr. Usha Saraiya at the exhibition.

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Editorial

Dear Readers,

It is once again time to write to you and to keep you informed about the activities of our Academy.

A significant number of interesting people have joined our fold. I welcome all of them and hope they will enjoy their association with our Academy.

I hope my plea for Membership Drive has been taken seriously by all of you.

In this issue we are publishing the rules and regulations of our Academy. I hope you will keep this issue carefully for future reference. We are also attaching a proformat of the application for membership for your use.

Many a times I have been asked what the Academy does for its Members or what we hope to achieve by this new organisation. I must admit that it is difficult to answer these questions. But I have borrowed on occasions John F. Kennedy's wise words and said "Ask not what the Academy can do for its Members but ask what the members can do for the Academy." However, these are valid questions and deserve some soul-searching and reflection.

In this issue a few ideas have been introduced. One of them is to hold exhibitions on Cancer so as to enlighten the public and make them aware that early diagnosis by cytology is one of the answers. It is hoped that some members will be motivated to start such activities. In future some articles relating to the subject of publicity for Cancer control, will be published in this communication.

I have introduced this time the cyto-quiz. It is always a pleasure to see interesting and rare smears. Since it is not feasible to exchange slides, we can at least exchange information through photographs. Do please send your contributions for this feature.

One of the main aims of our organisation is to train more technologists and help in setting up more Depts of Cytology. Towards this the Bombay group had organised a regional workshop in August. In the mean time I hope many more people will work towards this goal.

Various people attend various conferences for various reasons. Some only for academic and intellectual stimulation, some only for a holiday, some only to make new contacts and others because its one way to get official leave and travel expenses. Whatever the reasons no one can deny that attending conferences is the cheapest, quickest and the most pleasant way in which to gain further knowledge in the subject concerned. Wait a minute. . . Am I beginning to sound like a travel agent? That's not the intention.

But, I, for one, am looking forwards to December, and to being in Madras and to the warmth of friendship from old friends and new. Perhaps many of you share my feelings.

Bye for now,

Yours
Usha Saraiya

Announcement

LECTURE—DEMONSTRATION COURSE IN CYTOLOGY OF FEMALE GENITAL TRACT

For the last five years; the Cytology Clinic of Cama & Albles Hospital has been organising the above Course for Doctors and cyto-technicians. The Course is part time for 2 hours every afternoon for 2 weeks. It has proved very popular so far and about 130 individuals have received training.

The Course includes 10 lectures by doctors most of whom are recognised teachers of Bombay University, some practical sessions, group discussions and finally a multiple choice quiz. Certificates are issued to all those who satisfactorily complete the Course.

The next one is due in January 79 although the exact dates are not announced yet. The applications are received round the year and may be sent to the Hon. Secretary Cytology Clinic Cama & Albles Hospital, Mahapalika Marg, Bombay 400 001.

THE ACADEMY CONGRATULATES

Dr. Meera Aikat on being elected Member of the International Academy of Cytology and on being invited by W.H.O. to participate in Scientific Group Discussion on "Recent advances in Research on Methods of Fertility Regulation", at Geneva in December, 1977.

Dr. Jayasree Roy Choudhary on being elected Member of the International Academy of Cytology and also on her appointment as Director of Chittaranjan National Cancer Research Centre. Not only does her appointment come as an honour to all womanhood as she is the first Lady Director of a National Institute but also as a great tribute to her late father Dr. Subodh Mitra, the founder of the institute. Dr. Roy Choudhary will be giving the Academy Oration this year. The Academy wishes her all the best in her Research efforts.

Dr. Darshana Daftary on being awarded "Golden Jubilee Medical Research Fellowship" of the Women Graduates Union of Bombay. Dr. Daftary will be working on Precancerous lesions of the endometrium at "Cytology Clinic" of Cama & Albles Hospital. We hope to hear a brilliant paper on this subject in due course.

Dr. Mohini Garud on being elected Member of International Academy of Cytology and Fellow of the Royal College of Obstetricians & Gynaecologists. Dr. Garud who got her Membership to the Royal College in 1966 at the first attempt is one of the youngest Fellows of the Royal College.

Dr. Usha Saraiya on being elevated to Fellowship of the International Academy of Cytology. Dr. Saraiya has been a Member since 1973.

(N.B. The Editor invites information for the above Column.)

(CANCER EXHIBITION—Continued from page 1)

several questions to the volunteers who were available round the clock.

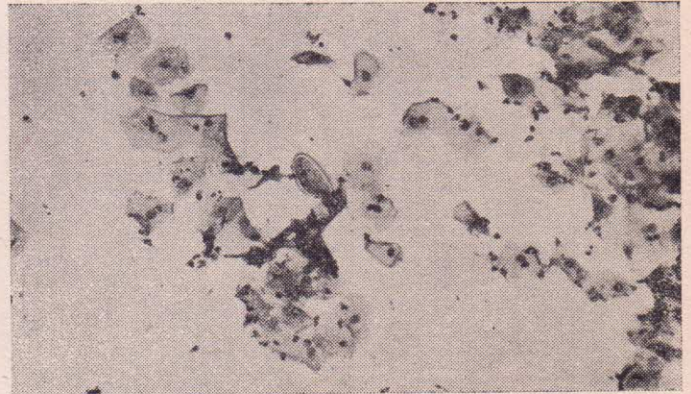
Such exhibitions do a great service by disseminating knowledge and expelling fears regarding this dread disease. Especially in a country like ours where ignorance about disease is rampant, organisation of exhibitions periodically is absolutely mandatory.

The tasks involved are tremendous. Apart from the costs involved in preparing posters, hiring the hall and advertising the show, there has to be large group of volunteers to work round the clock. It is important to get eminent people to visit the show as with these come the mass media people. Without adequate press coverage the efforts involved do not get the results.

Once the material is prepared, it can be used several times. The show should be held every few months in different parts of the city and then sent to other cities. This being an important aspect of cancer control, all organisations interested in the field should make an attempt to organise an exhibition.

Perhaps, some Members of our Academy may be in a position to organise one. They could contact CPAA for assistance and information.

CYTO-QUIZ



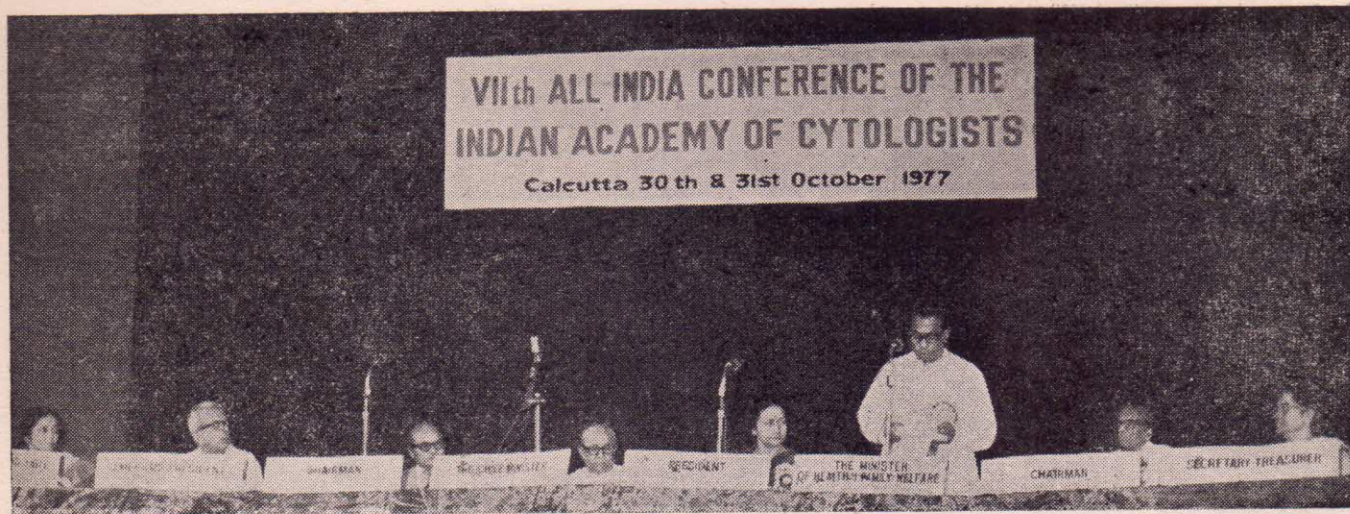
Vaginal Smear, low power, from a 20 year old patient with H/o threatened abortion. Smears were requested for progesterone effect.

contributed by

Dr. Mohini A. Garud
MD, DGO, MIAC, FRCOG

For Answer refer to Page No. 5.

(Editor invites contributions for the above column.)

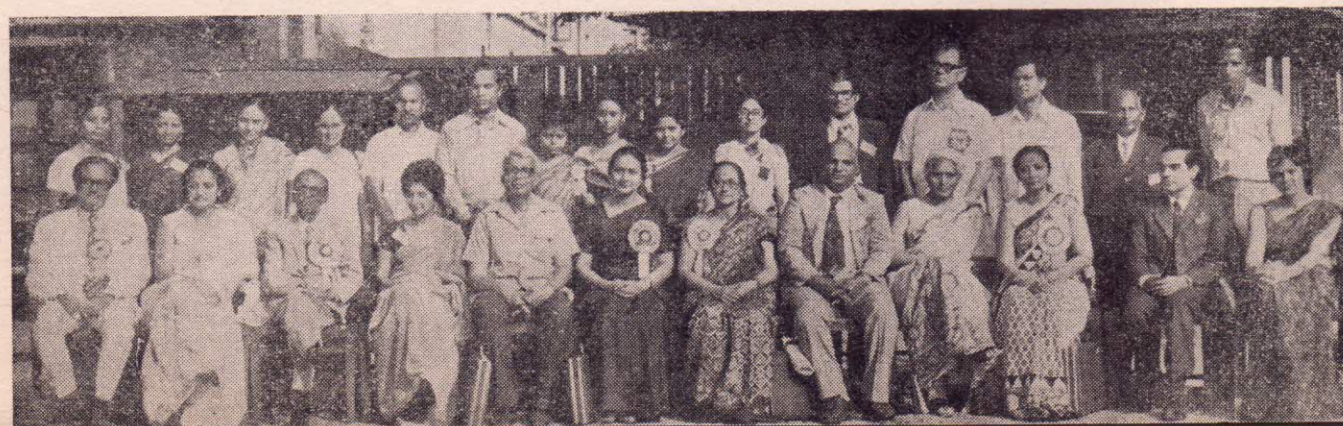


Inaugural function picture of the dignitaries on the dais.



Inaugural function picture of the crowd attending.

Members of I.A.C. at Calcutta Conference.



List of New Members

Dr. B. Narayan Rao
Dr. (Mrs.) Urmila Majhi
Dr. Vinod G. Daftary
Dr. Darshana R. Daftary
Dr. (Mrs.) Shirin P. Mehtaji
Dr. H. T. Toprani
Dr. Majumdar Amma Prasad
Dr. Sukta Das
Dr. (Miss) L. Mazumdar
Dr. Maya Lulla

MADRAS CONFERENCE

The VIII Annual Meeting of the Indian Academy of Cytologists will be held in Hotel Sudershan International, Madras on 23rd and 24th December, 1978. The tentative programme includes 2 seminars, one on Role of Cytology in evaluating radio-chemo therapy and second of Cytology of Infertility. There will be a panel discussion on Inflammation and Carcinogenesis. The Academy Oration will be given by Dr. Jayasree Roy Choudhary. The diagnostic slide seminar will be presented by Dr. M. S. Sukumaran. As usual there will be 2 sessions of Proffered papers.

The Academy has announced a prize for the best presentation from a speaker under the age of 35 years. Candidates desirous of competing for this prize must bring some proof of age.

For further details, please Contact the Organising Secretary Dr. M. S. Sukumaran.

REGIONAL WORKSHOP IN BOMBAY

Under the auspices of the Indian Academy of Cytologists a group of workers from Bombay organised a workshop for cyto-technicians in Bombay in August this year. It was held at the Institute for Research in Reproduction (ICMR) in Parel. Six cyto-technicians were given full day training with lectures and practicals for 8 days. Since this is the first time a workshop was held in Bombay only a few cyto-technicians were admitted.

SMEAR SHOWS ENTEROBIUS

Vermicularis ovum (Pin worm). This ovum measures 55 u. by 25 u. i.e. the width is about 1/2 of the length. It is flattened on one side. Enclosed in the refractile shell are bright orange staining larvae.

Dr. CHANDRA GRUBB TO GIVE GUEST LECTURE AT MADRAS

The Indian Academy takes one more significant step forward this year by inviting a well known Cytologist from abroad to give a Guest Lecture.

Dr. Grubb is the Director of Joint Department of Cytology and Cytology Training Centre attached to London's well known Royal Free Hospital and University College Hospital. She has recently published a beautiful Colour Atlas of Gynaecological Cytopathology with which many in India must be familiar.

Dr. Chandra Grubb will be spending a few days in Delhi, Madras or Bombay. Some Lectures and Workshops will be organised by the local Cytologists.

The Newsletter Welcomes Dr. Grubb and her husband to India and wishes her all the best for an enjoyable and fruitful trip. Let us hope that this is just the prelude of her association with the Indian Academy and we see more of her in the near future.

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RULES AND REGULATIONS OF THE INDIAN ACADEMY OF CYTOLOGISTS

Name

The Academy shall be called
"The Indian Academy of Cytologists".

Objects

The objects of the Academy shall be:

- (a) To encourage research in both fundamental and clinical cytology.
- (b) To encourage co-operation among those actively engaged in the practice of clinical cytology.
- (c) To standardize terminology.

Foundation

The Indian Academy of Cytologists has been established as a Founders' Committee, the function of which shall cease at the time of the formation and assumption of Office of the First Executive Council.

All members of the Founders' Committee shall automatically become voting members of the Indian Academy of Cytologists.

Prof. P. N. Wahi was elected as President of the Academy by the Founders' Committee and was authorised to appoint the officers of the First Executive Council. Prof. P. N. Wahi appointed the Executive Council as under:—

First Executive Council

President	...	Prof. P. N. Wahi
Secretary	...	Prof. Usha K. Luthra
Treasurer	...	Dr. S. Tejuja
Members	...	Prof. B. N. Purandare Dr. D. J. Jussawalla Prof. B. Lahiri Prof. K. Chandra Dr. J. Roy Chowdhury Dr. M. Aikat

Membership

Ordinary Members

Candidates for membership shall be nominated by two members of the Academy. The Application Form, duly filled, must be presented to the Council through the Secretary. The names of the candidates for membership of the Academy must be accompanied by a letter from both the proposer and seconder. These

letters must state in detail the qualifications of the candidates. The Secretary shall circulate to the Members of the Council, or place before the Meeting of the Council, the nominations, to be acted upon. Election to membership is by majority vote of the Council.

If, at any time, the Academy shall be of the opinion that the interests of the Academy require the expulsion of the members, they shall submit the question to the statutory meeting or to a special meeting called, at which, if two-thirds of the members present vote by ballot for the expulsion of the member in question, his subscription for the current year (if it has already been paid) shall be returned to him and he shall thereupon cease to be a Member of the Academy. The matter shall be discussed in a closed meeting.

Obligation to be Subscribed

Every person elected as a Member of the Academy shall, before his admission, subscribe the obligation in the following words:

I, the undersigned, do hereby engage that I will endeavour to promote the interests and welfare of the Indian Academy of Cytologists and observe its Rules and Regulations so long as I shall continue a Member thereof.

Privileges of Members

Members shall be entitled to the following rights and privileges:

- (a) To be present and vote at all General Meetings.
- (b) To propose and recommend candidates for membership.
- (c) To introduce visitors at the Scientific Meetings of the Academy.
- (d) To receive gratis, copies of the Proceedings and Transactions of the Academy, issued during the continuance of their memberships, or such other publications as the Academy may decide from time to time.
- (e) To fill any office in the Academy on being duly elected thereto, subject, however, to the proviso that any member appointed to any office in the Academy, to which a salary or emolument is attached, shall lose, for the time being, the privilege of voting.

Cessation of Membership

Any member may withdraw from the Academy by signifying his/her wish to do so, by a letter addressed

to the Secretary, and it shall be effective from a date decided by the Academy after consideration of his communication.

Honorary Members

Honorary members may be elected at the statutory meeting on the nomination of the Council, notice being given on the Agenda Paper. The number of the Honorary Members shall not exceed 10. Honorary Members shall have the right to attend the meetings of the Association and to take part in discussions, but shall have no VOTE.

Qualification for Membership

Admission to Membership of the Academy, except that of the Members of the Founders' Committee, shall be by approval of the Executive Council.

Membership of the Academy may be offered to Graduates in Medicine or Masters of Science (Cytology) or Ph.D. (Cytology), with at least two of the following qualifications:

- (1) Candidates must be engaged in the practice of cytology and have interest in cytology and its development for at least five years prior to nomination.
- (2) Candidates must be associated with a medical college/institute, a teaching hospital or a comparable research institution at the time of nomination and admission to the Academy.
- (3) Candidates must have contributed scientific work in the field of cytology and must have been the author or co-author of at least three papers on Cytology.
- (4) Any person who has been engaged in research or in the teaching of pathology or any allied science for at least five years shall also be eligible for nomination.

Associate Membership

Associate membership is offered to Cytotechnicians (Matric with 5 years experience in cytology and B.Sc. with 2 years experience). This is as per resolution passed at Annual General Meeting held on 31-10-77.

Subscription

Each ordinary member shall pay annual subscription of Rs. 20/-. The subscription is payable in advance, and becomes due on 1st January each year. For membership of the Association to be effective, cash/cheque/draft or a banker's order for payment of the subscription shall be received by the Treasurer within three months of the election; but the Academy shall have the power to relax this requirement in exceptional cases. Any member whose subscription is in arrears for three years and who has been duly notified of the fact, shall, if the Academy decides, be removed from the membership of the Association. The Academy has the right to enhance the subscription as and when required.

Meetings of the Academy

General Meetings of the Academy shall be of the following kind:

- (i) Annual
- (ii) Special
- (iii) Requisition

Annual and Special Meetings will be called by the President on the written requisition of 2/3rd of the members on role.

Scientific Meeting of the Academy will be held once a year. This may either precede or follow the General Meeting.

The following rules shall be applicable to all General Meetings of the Academy.

- (a) 20 Members shall constitute a quorum.
- (b) The President shall take the Chair. If the President is not present, on the expiration of fifteen minutes after the hour fixed for the Meeting, the Members present shall proceed to elect a Chairman.
- (c) The business of each Meeting shall be proceeded as per Agenda prescribed, but on written notice being given to the President or the Secretary, not less than 48 hours before the hour of meeting, a motion for the immediate transaction of urgent business may be made and, if such motion be seconded and carried, this Rule shall be suspended.
- (d) Notice of motion on any matter shall be given by a letter to the Secretary not less than one month before the General Meeting at which the motion is to be moved.
- (e) All motions and amendments, except those emanating from the Council, shall require to be seconded before they be discussed. Amendments must be sent in writing. Not more than a single amendment to the original motion shall be laid before the Meeting at any time. When any such amendment has been negatived, or has been allowed to take the place of the original motion, other amendments may be proposed.
- (f) The usual method of voting shall be by show of hands unless division is called for. It shall be competent for any Member present to call for a division. The Chairman's decision on the show of hands shall be final.
- (g) Voting may be by ballot if it is specifically demanded at a meeting through a motion to that effect duly carried.
- (h) The Chairman shall have a casting vote besides his own.

General Meetings shall be held at such times and at such places as the Academy may decide.

The order of business at such meetings shall be as follows:

- (a) Confirmation and adoption of the Minutes of the previous meeting.

- (b) Matters arising out of the Minutes of the last meeting.
- (c) Names of Members admitted to the Academy.
- (d) Consideration of urgent business, if any.
- (e) Reports and communications from the Council.
- (f) Matters of current and routine business. If any question arises as to whether any particular question is one of the current business and routine, it shall be decided by the Chairman.

The Scientific Meetings of the Academy shall be held in such institutions in India as may be feasible. At these meetings, the Members will make communications on their original work in the field of Cytology and may give demonstrations. The time given to an individual will not usually exceed thirty minutes unless permitted by the Chairman. The President will preside over these meetings, but, in his absence, he will nominate a senior person to preside over the meetings. The general management, including setting of the order in which the items of agenda are to be taken and appointment of the Sectional President, etc., shall be done by the President and the Secretary. The President and the Secretary, if they feel it essential, may extend the meeting over more than one day.

The Secretary shall give one month's notice of the place and the date of the meeting and shall, at the same time, intimate the date by which notice of intended communications and demonstrations must reach him. One week before the meeting, he shall issue the Agenda papers.

Members may introduce visitors to the Scientific Meetings of the Academy and may arrange with the Secretary for communications and demonstration being given by the visitors.

Powers and Duties of the President

The powers and duties of the President shall be as follows:

- (a) To preside at all the Meetings of the Academy and to regulate the proceedings at such meetings.
- (b) To ensure due effect being given to the Rules and Regulations made by the Academy.
- (c) To be Ex-officio Member of all Committees appointed by the Academy.
- (d) In case of doubt as to the interpretation of any of these Rules, to decide on the interpretation. In such cases the President's interpretation shall be final.

Administration and Officers

The administration, direction, and management of the affairs of the Academy shall be entrusted to a Council composed of the Officers of the Academy, viz., President, Secretary, Treasurer and six Members of the Academy. The President, Secretary and the Treasurer will hold office for a period of one year, and will be eligible for re-election. From among the Mem-

bers of the Academy, one-third will retire every year and will be eligible for re-election after lapse of one year.

Not more than one of the offices of the President and the Secretary shall be held by the same person.

The Council shall nominate a President, Secretary and a Treasurer by election at the Statutory meeting of the Academy. In case of incidental vacancy of the President, the senior most member of the Council shall perform the duties of the President. In case of incidental vacancy of the Secretary or Treasurer, the President will nominate from amongst the members of the Council to hold the office till the next meeting of the statutory body.

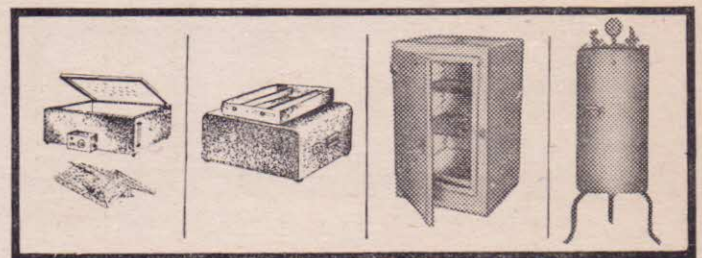
Miscellaneous

No person appointed to any office in the Academy, to which a salary or any emolument, other than a conveyance allowance, is attached, shall have the privilege of voting. If any member be appointed to any such office, he shall be incapable of voting at the Meetings of the Academy as long as he continues to hold it, but shall not be deprived of any of his other privileges of Memberships.

There shall be kept such record of the Proceedings of the Academy as shall, from time to time, be prescribed by the Council.

All letters, notices, minutes of the meetings and other documents connected with the business of the Academy, shall be filed in the order of their dates, and shall be preserved.

The Members of the Academy will be required to complete a proforma concerning themselves and their career, to complete their personal records to be maintained by the Academy.



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